Climate Change & Health Equity

Cara Cook, MS, RN, AHN-BC Climate Change Program Coordinator Alliance of Nurses for Healthy Environments



Alliance of Nurses for Healthy Environments



Mission: Promoting healthy people and healthy environments by educating and leading the nursing profession, advancing research, incorporating evidencebased practice, and influencing policy.







"Climate change is the biggest global health threat of the 21st century... The impacts will be felt all around the world – and not just in some distant future but in our lifetimes and those of our children." The Lancet Commission on Health and Climate Change, 2015

National Climate Assessment

Mandated by the Global Change Research Act of 1990

Quadrennial assessment

Analyzes global changes & impacts on various sectors

- Analyzes current trends and projections
- Volume I released November 2017
- Volume II released in draft form; final release late 2018.

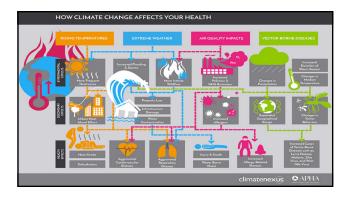
Reference: USGCRP, 2017

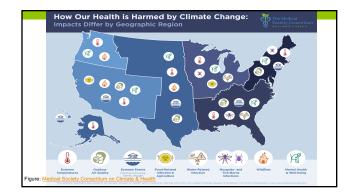


NCA4: Volume II

- Strong regional focus
- · Separate section with health content
- Health woven throughout several sections
- Economic analysis
- Case studies
- No evaluation of policy or policy recommendations

Reference: USGCRP, 2017







Lancet Countdown: Tracking Progress

Key Findings from 2017 Report

- Climate change is affecting health globally
- Delay in action has threatened human life and livelihoods
- Transition to less carbon intensive energy sources is increasing

Reference: Lancet Countdown Tracking Progress on Health & Climate Change, 2017





Populations of Concern

Vulnerability to the Health Impacts of Climate Change at Different Life Stages





Adverse pregnancy outcomes such as low birth weight and preterm birth have been linked to extreme heat events, airborne particulate matter, and floods.

Infants and toddlers Young children's biological sensitivity places them at greater risk from asthma, diarrheal illness, and heat-related illness.

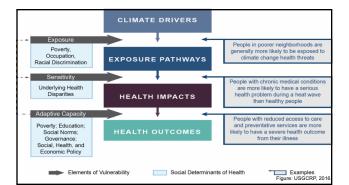
School age and older children The behaviors and activities of older children increase their risk of exposure to heat-related lines, vector-borne and waterborne disease, and respiratory effects from air pollution and allergens. 1992 1016 (Drional Laelav gatarssem) EP8

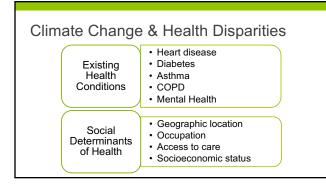
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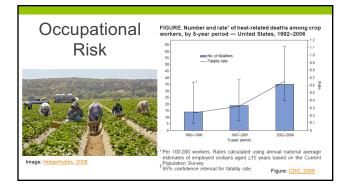
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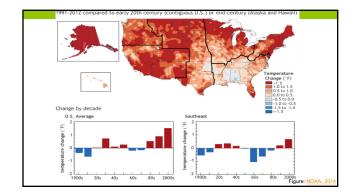
Air Quality					50 g 40 b 4 more propulsion in experts in lock Derive proving in lock De
	ipolitan Stat	ion in the IS U.S. urban areas most istical Area; CSA; Combined Statist Urban Area	polluted by ground-level azane, a kr ical Area) Estimated Number of Hispanic Individuals in 2014	y component of smog. ¹⁰ Estimated Percent Hispanic in 2014	P 30 − 30 −
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2	CA.	Daikonsfield MSA	61.125	12	- m 20 - m
3	CA.	Voala-Perterville-Hanlard CSA	368,236	81	- š
4	CA.	Fresse-Maders CSA	548.537	53	~ ā
5	42	Proenia-Mesa-Scattadale MSA	1396,230	30	- Δ 10-
6	CA.	Seconente-Resoille CSA	\$30.00	3	
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8	CA.	Denver-Aurora CSA	752,265	22	
9	MLA2	Las Tiegos-Henderson CSA	661,400	29	Overall 1 2 3 4 5 6 7 8 9 10
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2	CA.	E Cerno MSA	142348	82	— — Note: PM2.5 = particulate matter of 2.5 micrometers in diameter or less; RUCA = ruralurban commuting and — Note: PM2.5 = particulate matter of 2.5 micrometers in diameter or less; RUCA = ruralurban commuting and
0	CA.	Ser Diego-Carlstad MSA	1011,029	20	Dashed line indicates mean overall burden for all groups in the United States (22.4 tons/year). The US
	NY, NJ, CT, PA	New York-Newark CSA	5346,577	23	Department of Agriculture defines and assigns RUCA codes. Poverty level determined by the US Census Bure
	u.	Number-The Woodlands CSA	2,406,708	38	in 2013.
-		TOTAL	24,665,990	22	
-					FIGURE 2—RUCA-Stratified Absolute Burdens of PM _{2.5} Emissions From Nearby Facilities

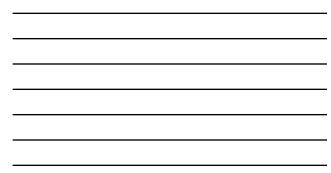


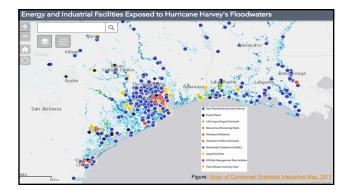
Geographic Location • Sea level rise • Hurricanes and storm surges • Flooding

- Infrastructure damage
- Economic impacts
- Health risks













Why Nurses, Climate & Health?

different fields - very high, high, ave	rage, low, or very	low?		1		
	% Very high or high	% Average	% Very low or low	-		
Nurses	80	17	2			
Medical doctors	65	29	7	BRACK	11/20	5
Pharmacists	65	28	7	ALC: NOT STATE	A CONTRACTOR	
Police officers	48	31	20		1001 2	
Clergy	46	35	13	11.1.18	1 4 2	
Bankers	23	49	26			
Lawyers	21	45	34			
Business executives	17	50	32	Sec. 1		
Advertising practitioners	10	-44	42		ALL NAME OF	2///
Car salespeople	8	46	45			
Members of Congress	7	30	61			2
Dec. 8-11, 2014						
Dec. 8-11, 2014 Rated in order of % Very high or high						

ANA Code of Ethics: Provision 8

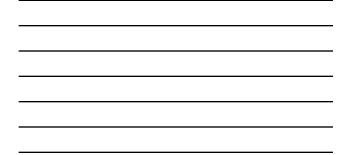
- "Nurses must address the context of health, including social determinants of health..."
- "Nurses must lead collaborative partnerships to develop effective public health legislation, policies, projects, and programs that promote and restore health..."
- "Nurses advocate for public policy that utilizes the precautionary approach that focuses on prevention of hazards to people and to the natural environment."

Reference: ANA, 2015









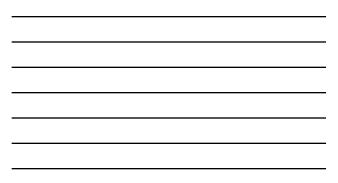
Climate & Health Program: Goals

1. Put America on a path to a positive future that will protect health and support healthy communities.

2. Create and support solutions that improve health and build sustainable prosperity, resilience, and response of the health sector and communities.

3. Lead the nursing profession by furthering education and engaging colleagues, communities, health facilities, the public and policymakers.



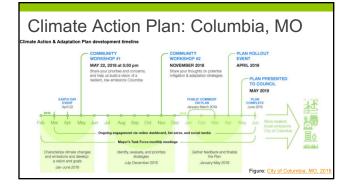


PUBLIC HEALTH NURSING 3.0: TIME FOR AN UPGRADE

BRACE Framework

- 1. Anticipate Climate Impacts & Assessing Vulnerabilities
- 2. Project the Disease Burden
- 3. Assess Public Health Interventions
- 4. Develop & Implement a Climate & Health Adaptation Plan
- 5. Evaluate Impact & Improve Quality of Activities







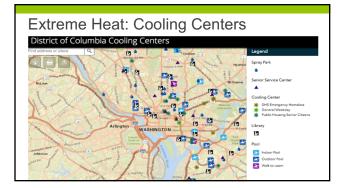
Nurses for Cool & Healthy Homes



- Fresno County Department of Public Health
- Home Heat Vulnerability Assessment
- Leadership buy-in
- Training of PHNs

Extreme Heat: Green Roofs















Climate Change & Education

- Environmental Health in Nursing
 AJN 2017 BOTY Award
 2nd Ed. in progress
- Integration into curriculum
 - Publications
 - Recommendations



Specific Classes/Gen eral Content Areas in Nursing Curricula	Appropriate Climate related Content	Teaching Strategies, Resources, and Competencies (ex. readings, questions, assessments, case studies, research articles, <u>ExectEdicts</u> , webinars, <u>sideoq.etc.</u>)	Nursing Concepts Related to Climate Related Climate Related Compate ncies (ANA & ICN)
Fundamentals in Nursing (Introductory course)	Environment in Nursing Introduce a social determinants of health approach to nursing assessment and practice	Increa en vice model What the student's carbon focusivit? Does the facility way working in how a gene taxin? Does the facility consider climate changelsustainability as part of its mission? Des the climate gene gene taxing the student changelsustainability as part of its mission? Discrete and climate changelsustainability of the student of the end of the end of the student of th	Assesses the environment to identify risk factors. Promotes a safe and healthy workplace and practice environment. Participates in strategies to promote healthy communities and practice environments.





Political Action: Advocacy

- · Social and political advocacy is just another form of caring. (Morrell, D. 2005)
- Nurses need to speak out on issues related to nursing and the health of the public. (Abood, 2007)



Climate & Health Nursing Advocacy

- Meetings with legislatorsPhone calls
- · Individualized emails/letters Letter to the editors
- Opinion Editorials
- · Postcards and petitions
- BlogsSocial media
- Testimony at hearings







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Questions?

Cara Cook, MS, RN, AHN-BC Climate Change Program Coordinator, ANHE cara@envirn.org